

EUREKA EXPRESS

VOL XXXIV No. 10 Circ 298

NOVEMBER/DECEMBER 2013

MERRY
CHRISTMAS



GUEST EDITORIAL



We have just celebrated 44 years of marriage with a great weekend in Napier, my next birthday is a goody (65). Finally become a Senior Citizen and recoup some of our hard earned tax dollars paid in the past. One can now be forgiven for reflecting on the past a little. This is difficult for me as one of life's many catch-phrases for me is "never look back", I am always too busy planning the future.

I do consider our generation is the "lucky generation". We have been born post WWII and ridden a surge most of the journey. Life is not without the odd fall or bad decision so long as you learn from that and don't make the same mistake twice.

Sheryll and I came to Eureka in June 1973 walking our 120 cows from Tauwhare. The next few years were pretty challenging in every way with young family, big mortgage, high interest rates (up to 18% in 1987) and land purchases and development. Great years looking back as many other families were all doing the same thing in Eureka. Gravel roads with cars that did not keep out the dust. We could even let our cows wander across Waverley Road during milking, there were that few cars.

Our children all left home at a similar time some 18 years ago and all of a sudden you look at one another as you move to the next stage of life. Well that can be challenging too. We have chosen to consolidate and travel and live life. Another phrase I often use is "work to live, not live to work". We have many many travel experiences now and can remember and reflect the places, the people and animals along that part of our Journey. Interesting that we make a point of travelling to the South Island each year now, it is surely one of the best places in the world!

We are busy planning summer vacations and a campervan trip in Australia next NZ winter so we continue to be the lucky generation. Although most of us put in a good amount of effort along the way to make sure we have choices at this end of life. The last phrase which I often share with the family relates to wanting things! "Only you can make it happen". and "It is your attitude not your aptitude that determines your altitude" - Think about it.

Eureka continues to be our choice to call home despite having choices. We love to live on the farm, close to family and central to everywhere!

We are the "lucky generation".

Brian Gordon



RAINFALL

	October 2013	Year to 31 st October
Total (mm)	33.5	857
Average (1994-2013)	92	999
Difference	- 58.5	- 142

Rainfall recorded on 11 days

	November 2013	Year to 30 th November
Total (mm)	68.5	926
Average (1994-2013)	69	1068
Difference	- 0.5	- 142

Rainfall recorded on 10 days



SNIPPETS

DONATION THANKS TO: Val and Wally Pollock



WEDDING CONGRATULATIONS TO:

- Matthew Stolwyk, younger son of Nic and Maria Stolwyk of Hooper Road, who married his Australian sweetheart, Mandy Anthony on September 28. The Stolwyk family travelled to Mandy's hometown, Parramatta, Sydney for the wedding. Matthew and Mandy met 8 years ago when they were both working for Camp America. They will continue to live and work in Parramatta. Our congratulations and best wishes to Matthew and Mandy for the future

BIRTHS, NEW GRANDCHILD CONGRATULATIONS TO:

- John and Wendy Morch of Eureka Road, were delighted to welcome their first grandchild on November 17 in Perth. A bonny son, Nolan, born to Evan and Michelle Morch. Very best wishes to all.
- And Jill and Rob McGuire were thrilled with the arrival of their first grandson, Flynn, on November 30. A darling son for Stephen and Megan McGuire of Cambridge and a lovely brother for Kaitlin and Zoe. Very best wishes to all.

WELCOME TO EUREKA TO NEW FAMILIES:

- On Manor Park, but facing Eureka Road, (ex-Walker's), it is a pleasure to welcome Chris and Liz Thoresen and their 15 year old daughter, Maddison, who hail from Fernside, Rangiora. Chris is a pilot with Virgin Australia. We trust you will all enjoy living in Eureka. Ph. 8241806
- Next door, ex Boyce's on Masters Road, it is welcome to Phil, Linda and Daniel Joumeaux who have relocated from Platt Road. They have retained their phone number 8241 730
- On Tauwhare Road it is hello to Matt and Cherie Grant and their family of three: Wyatt, 7 years, Stirling 5 and Wilha 3. Cherie is a teacher who, a few years ago, taught at Tauwhare School and Matt is an architect with Peddle Thorp. A warm welcome to you all. Ph 8241009
- To Waverley Road where it is welcome to Duncan and Paulette Corby who are living on site while Duncan builds their new home. Duncan is a builder and property manager while Paulette is Executive Officer at Peachgrove Intermediate School Phone 8241106

SITUATION VACANT: Sadly we must shortly farewell our colleague and Gardening guru, Jennifer Mace, whose columns we have enjoyed and appreciated for a number of years. Jennifer and Keith are relocating to Hillcrest in the New Year. If you have an interest in gardening and would like to take over the monthly articles, or can perhaps recommend anyone else, we would be delighted to hear from you. If necessary we could re-run some of Jennifer's appropriate past columns until the position is filled. Our sincere thanks go to Jennifer for all her timely tips and advice so ably written. We will miss you Jennifer.



Broadband Upgrade for Eureka

Eureka has had Broadband since 2007, but due to increased customer usage our internet speed has dropped dramatically to almost dialup status.

I complained about this to my friendly Telecom Planner and a few days had passed, he "discovered" that Eureka was going to be upgraded.

On the 27th of November, Telecom cut over the new equipment known as ADSL+2 and the speed increase was a huge improvement. Happy surfing Eureka.

Alan Morrison



CONGRATULATIONS LIZ: You make us proud.

FROM EUREKA GIRL TO COUNCILLOR...

Three growing boys and managing Mighty River Domain at Lake Karapiro many people thought I was probably 'over doing it' to put my name forward for the Waipa District Council recent elections. However it is not in my blood to be able to sit still for one moment or to rest on my laurels so I put my name forward, embarked on a decent campaign and the rest is history! I was duly sworn into council last month to represent the Cambridge ward and am really looking forward to the next 3 years.

The Stolwyk family moved into Eureka 27 years ago, I was a teenager at the time and I have fond memories of the people and warm welcome we received. I recall one of the first people we met was Harry Clarkin who drove my sister and I around the district introducing us to other families. I left Eureka once I finished high school and have enjoyed a great career working for the NZ National Fieldays, Waikato Rugby Union, and in between headed off to Europe for 5 years, some as a tour manager for Contiki holidays in central and eastern Europe.

The last few years has seen my working career settle in Cambridge managing the Cambridge i-SITE and Chamber of Commerce for 3 years and I have spent the last 9 years managing Mighty River Domain. Highlights here included overseeing the site through the world Waka Ama event in 2006, the World Rowing Champs in 2010 and establishing the new Don Rowlands centre for functions and events. It was on a recent trip to Japan (to Cambridge sister city Bihoro) last year that I started to think seriously about standing for council - I have a large respect for council and have enjoyed working with staff the past 12 years so in some ways it was a natural progression. Cambridge will be presented with a number of opportunities over the next 3 i.e. the new expressway and I am personally looking forward to providing a stronger connection between council and the community. In my first month like any new job there has been a lot of new things to get used to - a new team of work colleagues, a lot of meetings (not good for my waist line) and many new concepts to learn. The Waipa is a special district, rich in it's heritage and natural attractions, I look forward to being a part of a team to look after this.

Liz Stolwyk

Sincere Condolences

Are extended to Angela Goulstone of Eureka Road, her fiancé Trevor Fenton, and father, Peter, on the death of Ange's dear Mum, Heather Goulstone, on November 18. Heather will be sadly missed by her family and many friends.

MARKET PLACE



CLEANER WANTED Cleaner wanted, 5 days a week, Monday to Friday, 1 hour per day. Suit teenager. Phone Ron Spye 8241890

RELIEF MILKING WANTED: Decent young man, 16 years, efficient milker with previous experience in 36 bale internal rotary, 30 bale and 10 bale herringbone sheds. Phone: Jacob Fransén 8241897 or 0278600201

WANTED TO RENT: Farm cottage wanted to rent, 4+ bedrooms, Family (non-smokers), long term. References provided on request. Call Cesar on 02102320522 or email ces1wf@gmail.com

TOO MANY RABBITS? Free community service if anyone has rabbits or possums on their lifestyle property or farms that they want removing. Please call Shaun 8240878

NEED A PAINTER? For all your painting and decorating needs, free quotes and advice, phone Greg 2011584430

AVAILABLE FOR RENT: Fully furnished 2 – bedroom cottage on Hooper Road for rent. \$250 per week including water, power & WiFi broadband. Bond and references required. Available from mid-December. Please phone Milton 8241777 or 0211343709



WANTED: Tame young female goat wanted to keep section tidy. Caring home provided. Please phone Marianne 8241 897 or 027 4241897

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My appt book for pre-Christmas Beauty Treatments is filling fast – if you would like an appt please contact me asap to avoid disappointment.

Jacqueline Jones

1092b Tauwhare Road, Tauwhare Village P: 07 8240950 M: 0274 853985 E: thebeautyhouse@xtra.co.nz



SEASON'S GREETINGS

The Eureka Express Team
wishes all its readers a very



Merry Christmas, a Happy New Year, and safe and
happy Summer Holidays.

To all our advertisers, contributors, distributors, and all our
supporters, goes a very big thank you for all your efforts over the
past year. You are all legends! Enjoy the festive season.

TAUWHARE HOEDOWN

The Tauwhare School PTA would like to say a big "Thank you" to all those who came along
and supported the "Tauwhare Hoedown" held recently.

It was a great fundraiser for the school and a fantastic way to meet new people.

A special thank you to those people who came along from the community who are not
involved with the school. It was great to meet you all and we hope you enjoyed your night.

A big thanks must go to Glen Robinson from Robinson's Entertainment for supplying his
services, staging and lighting for us F.O.C. Glen is a local parent at the school and runs a
great entertainment company which includes his duet shoes, DJs etc. They can play and/or
supply equipment etc for your weddings, functions etc. Checkout his website:
www.robinsonsentertainment.co.nz or phone 0800 MUSIC DJ.

A massive thank you to James and Leigh Needham for allowing us the use of their implement
shed and premises, and to all those who helped set up, pack up, deliver gear etc.

We couldn't have done it without you all, and look forward to next year's !!!!

Cheers,



Michelle Dingle
Secretary
Tauwhare School PTA.

IT'S JESUS' BIRTHDAY

The 50 children of "kids for Christ" invite everyone to

Celebrate with us at the 2013 Tauwhare/Eureka Community Carol Service.



Sunday 15th December, 7pm
Tauwhare Community Hall
Bring a plate for shared supper



Pukeko Preschool December 2013

It's a very busy time for Pukeko Preschool. As well as all our Christmas activities, on 3 December we will celebrate 10 years of being in our current location on the grounds of Tauwhare School on Scotsman Valley Rd. We are planning a fancy dress party at the preschool during the day to mark this special occasion.

We were fortunate to have a tour of the ambulance during the tee-hall tournament at Tauwhare School last week. Huge thanks to Malcolm from St John for taking the time to show us around! This extended the children's interest in bodies.

Our last day for the year is Friday 20 December, and we open for 2014 on Monday 13 January 2014.

If you're looking for care in 2014, please feel free to come and visit the centre, or give us a call on 07-8240860.



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EMERGENCY MANAGEMENT NEEDS NEIGHBOURHOOD SUPPORT

by Sue Edmonds

In recent months I've been banging on about the potential for disasters, our new Community Plan, and the need and desirability for setting up Neighbourhood Support Groups for each road in our area.

Well the Hooper Road Neighbourhood Support Group is having its Startup Meeting on 5 December, when the guy who runs the system comes to a meeting of residents, accompanied by a policeman to explain how it all works. We are also having Kelly Newell, the WDC Coordinator along, to explain how she would like to go about getting a Community Response Plan sorted, not only for our little Eureka area, but for the whole Eureka Ward.

Partly as a result of my liking to get things coordinated, the Emergency Management Group at the Regional Council, and our WDC Coordinator, Kelly Newell, are now starting to agree that having Neighbourhood Support groups around the place is a pretty good way to start putting together a Community Response Plan for Civil Defence Emergency Management.

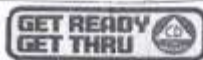
At least they can then start with an idea of who lives where, who has email, and the likely number of people who might be looking for help, shelter or instructions, when everything round them is falling apart in one way or another. Despite the Eureka Express's continuing efforts to maintain a sense of community, I'm sure there are more and more people, even in Eureka, who don't know their neighbours very well, if at all, so wouldn't know how they could work together in trying times!

So I'm still looking for half a dozen community minded souls to offer to get their road set up, and a group officially started. So far I've had one response!

I've done a lot of research on foot and mouth disease since I wrote last, and it's pretty scary stuff. Having spoken to several people who went through the 2001 UK outbreak, it doesn't just stuff up your mind for a while, but lives with you forever. And it's not just FMD but any sort of biosecurity breach which is easier to contain, when people on the ground know what to do. DairyNZ are getting onto it for advice to farmers, and would be happy to share their knowledge with Community Response Groups to get the message out as widely as possible.

So, have a great Christmas and New Year, and when you've wound down a bit, consider being collegial with your road mates, and help set up some more Neighbourhood Support Groups, at least round here. Remember, people in these groups get emailed a useful Bulletin every week, plus other stuff such as on CPR and making sure your vehicle is roadworthy for holiday travel etc. You even get photos of the 'baddies' still doing the rounds locally - a fairly unsavoury lot it would seem.

Oh by the way, the link on the WDC website to our new Community Plan is www.waic.govt.nz/Documents/Plans/communityplans.aspx. I'm not sure when/if the new version will appear in printed form, but it's all there now, including interesting bits of history of not only Eureka, but Tauwhare, Matangi and Newstead too.



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We have just had an exciting week with the Speech and Poem finals. All children participated and the results from our Thursday morning are as follows:

POEM FINALISTS

Special Mention:

Sarah Crowther Year 3

Year 4

- 1st Mitchell Keightley Dear Santa
- 2nd Trinaka Kenny Island of Socks
- 3rd Lydia Marsters It's a Wonderful World

Speech finalists

Year 5

- 1st Maria Turner Labelled Clothes
- 2nd Neisha Cooper Pets at School
- 3rd Reese Robinson Dance for Everyone

Year 6

- 1st Jackson Keightley Technology in Education
- 2nd Nate Hallam Shark Finning
- 3rd Sam Dromgool Pet Day at School

CONGRATULATIONS!!

Well done to Millie Wallace, Ben Wright, Samantha Crawford, Aimee Davis, Matthew Wade, Emerson Wright, Kate Davis and Nicole Wade who ran in last weekend's Round the Bridges! Fantastic running everyone! Congratulations to Millie Wallace who placed 1st in Year 3- 4 Girls.

Athletics Day

Last Friday November 22nd our whole school participated in a fabulous day of activities. The sun shone and lots of fun was had by all!

The afternoon was completed with the Sprint finals and some of the races were very close to the finish

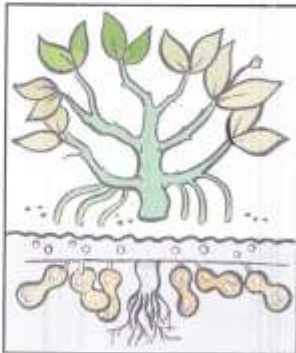


IN YOUR GARDEN

With Christmas just around the corner, the festive season will be taking priority over the vegetable patch this month. But a little attention is important to ensure your vegetables continue to be productive throughout the summer. Regular watering, feeding, weeding and vigilance for pests and diseases are still high on the agenda. Be sure to mulch your most precious plants and if you're planning an extended holiday, arrange someone to water your garden to conserve all your hard work.



Sweet corn and beans will romp away in warm soil. Sow a fresh batch of mesclan salad mix before temperatures become too hot. Seedlings of most summer veges can still be planted, and will respond well to warm soil temperatures and generally more settled weather. Plant out seedlings of Zucchini, Melons, Pumpkins, Tomatoes, Eggplants, Peppers and Cucumbers.



Sow or plant peanuts. Peanuts are a fun novelty crop for warm, sunny, frost free gardens and I planted some last year just for kicks. These subtropical ground nuts form a small clump, about 30cm high, with little yellow flowers. What makes them peculiar is that once the flowers are pollinated, they extend like umbilical cords, all the way to the ground, then they bury their noses in the soil. The nuts develop underground; to harvest them, you haul the whole plant out at the end of summer. Peanuts like it hot but they can still be grown in marginal climates, though it's best to grow them in a large pot so you can take them into the glasshouse or

tunnelhouse to continue to pod up when summer runs out, as the pods take up to 140 days to mature.

Maintenance: Continue to tie tomato plants to stakes as they grow and remove laterals to promote better fruit production. Keep a close eye on insect pests and diseases and spray accordingly. Check watering systems are working effectively as you will need them next month.

Have a safe and happy Christmas, take care,
Jennifer

LADIES A PLATE

Trifle Topping Custard

I use this custard for my Xmas trifle

4 T cornflour
4 cups milk
2 T butter

2 T sugar
4 egg yolks

Stir cornflour and sugar together in a saucepan

Mix to smooth paste with 1/2 cup milk add egg yolks

Add the remaining milk and butter

Stir over heat until thickened

Soon as it bubbles transfer quickly to sink with cold water



Easy Fruit Cake

1 kg mixed fruit & 2 cups strong coffee - soak overnight

150g fruit n nut chocolate chopped roughly
2 cups flour

Mix all together

Bake at 180 for approx. 50-60 minutes



Aunties Truffles

4 oz butter
3/4 cup coconut
2 cups icing sugar
extra coconut for rolling

3 T cocoa
1-2 teaspoon brandy (optional)
1/2 cup sultana

Cream butter, warming it as little as necessary to make to soft enough to work with (don't melt it!)

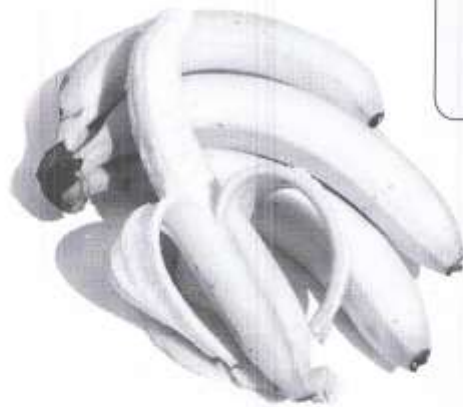
Sift in icing sugar and cocoa and Mix

Mix the coconut and sultanas into the butter mixture

Form into small balls and roll into coconut

Place in fridge until ready to serve





Bananas A Super Food

The best known tropical fruit is one of the most nourishing fruits and contain many anti-ageing nutrients. Bananas release energy over a prolonged period so make an excellent snack for dieters and they are also great for an energy boost.

Bananas contain high levels of B Vitamins which the body needs to produce energy. These include vitamin B5, which aids the formation of the immune system's killer cells and B6, which improves the body's ability to clear away waste matter. Bananas are also a good source of immunity – enhancing vitamin C and contain manganese, which works with vitamin C to produce the virus-fighting substance interferon. They are also dense in fibre and potassium, which regulates body fluids and nerve and muscle function.

They also have FOS (Fructooligosaccharides) to help to feed 'good' bacteria in the gut, which aids digestion. They also contain tryptophan, which the body converts to serotonin to aid peaceful sleep.

Nutrients

Vitamin B3, B5, B6, C, K, Biotin, Potassium, Selenium, Zinc, Folic Acid, Calcium, Iron, Magnesium, Selenium, Phosphorus, Fibre, Protein, Tryptophan, Anthocyanins and Ellagic Acid.

They are great on toast, in a lunch box, fruit salads or cooked – we love them grilled with brown sugar and cinnamon sprinkled on them with bacon and eggs (a real treat!).

Enjoy

We are what we eat!

By Cheryl McFarlane

*Merry Christmas
and a Happy New Year*



On the home front.....



November/December brings us to the last Eureka express for 2013, as I talked last month on lightening, brightening and opening up areas to let the sun in, bring in the outdoors which in turn extends our living spaces. But let's not forget the New Zealand sun and the damage it can do to furniture, fabrics and flooring etc.

It's a great time of year and it is a shame to be limited by what damage the sun can do so following are a few ideas on ways in which might protect or help avoid the damage the UV rays can do.

When choosing window treatments a man-made product such as polyester and viscose's has harder wearing properties than natural fibres such as cotton or linen, so be sure to check the composition of the fabric. Another opinion could be having sunshades installed to filter the sun and light to a room. These can be made a feature with a colour that completes a room or they can be a passive part of your window treatments.

Choosing wisely in colour for carpet; making sure you know your carpet, what its dying process is, some are more fade resistant than others. A tiled floor is a great way to avoid sun damage in large windowed homes with lots of sun, if you like this look and feel throughout the year. Tile entrance ways and edges where sun hits the hardest it can be an easy fix for some homes too.

When choosing paint, take into account the depth of colour and how much heat it will attract. The surface you are painting is important to, there are ways around painting darker colours and having paint with properties that minimize damage and last longer.

Enjoy the sun while it lasts and Happy Xmas holidays.

Leanne Hilder

CO Comment for Eureka Express

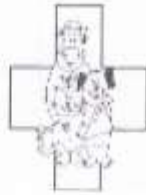
It is timely as we lead up to the end of the year to think about **the farms summer management plan**. Hopefully yours is already in place but here's a few points to check off anyway.



1. **Pastures are in good growing condition** and not too straggly. This will be a measure of your spring grazing residual management or perhaps a bit of topping. 2 or 3 lax grazings and the growing point of the tiller rises well above ground level and when next eaten the tiller dies and the pasture thins out.
2. **Nitrogen application** is also an important tactic in late November early December as not only does it grow extra grass (moisture permitting) but also stimulates 35% more tillering than if no N was applied. You can apply rates between 30 and 50 kg N/ha at this application. I.E. A little heavier than normal.
3. **Get rid of any obvious culls**. Perhaps 3 titters or mastitis problem cows. You will KNOW the cows I am referring to.
4. **Book in pregnancy testing**. Consult your Vet as to how early you can effectively do it but if the feed situation gets tight being able to off-load empties that won't be in the herd next year makes good sense. Done earlier, usually receives a higher cull cow price and a better chance to get them off when you want to rather than at the discretion of the Works in the middle of a "log jam".
5. **Plan your supplement feeding** (crops and bought in feed) and see how many days at say 5kg DM/cow/day that you can feed if need be. Make sure you allow for 100 – 150 kg DM/cow for the 3 week period straight after it rains and of course any feed you want to keep for winter or early spring.
6. There is a new player just entering the PKE market selling direct to farmers so there may be a little more competition in the heat of summer for your business. Apparently they are a big player in PKE market World-wide.
7. **Think about a OAD milking strategy**. If SCC allows this can release a bit of stress on both the cows and people. Cows on OAD don't eat any less but do not lose weight as fast. Don't start too late. You can start when they reach around 60 – 70% of their peak production. Keep feeding them as you would on TAD.
8. **Take a break**. Yes a very important part of the summer plan. Block out some serious family time both at home but also away from the farm.
9. Toward the end of summer think about your **drying off rules to achieve the necessary body condition score targets**. In reality this is no more than 20% of the herd below BCS 5 at June 1st.
10. The last part of the plan is a relatively new one and that is try and **avoid over grazing of pastures during the summer**. This greatly improves pasture persistence.

Hopefully the summer is kind to you, but in the event that it is not the above planning will help you get through with less stress and less impact on your bottom line. Have a great Christmas!

Phil Irvine
Senior Consulting Officer
DairyNZ



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We're all going on a summer holiday

Well, the bach is booked, house sitters are coming, and the boat is on the trailer filled with skis, donuts and the kitchen sink!

Don't forget your pets!

If your pet is going into **kennels or cattery** you must make sure that they are up to date with their

- vaccines,
- worming and
- flea treatments.

Don't leave it until the morning of your holiday to check their vaccination cards.

Have you got enough medication and food to last them through the holiday period?

Have you thought about taking your pet with you? Some holiday places are pet friendly and let your dog come with you. If you are going on **day trips** with your dog ensure that there is plenty of water in the car for them.

If you are having to leave your pet in the car then

- park in the shade,
- leave the windows open to allow for ventilation and to keep the temperature down inside the car.

Take care of lakes in the summer as blue-green algae can bloom and this is toxic to your pet if they swim in this. Beach visits can mean sand getting stuck deep in the fur which can be irritating so make sure that you wash your dog well after beach fun, especially if long coated.

If you are going away for the weekend and leaving your cat at home, please get a neighbour to check your pet regularly to ensure they have plenty of food and water available for them. It might be worth considering having your cat microchipped in case they run off when you are not home.

The Team at Newstead wishes you a happy and safe holiday season and we look forward to catching up with you and your news when we next see you.



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